

FOUNDATION/ UAP 2024 TIMETABLE

Key offerings (Follow the color and Test codes)	All Tests have All India Ranks	Program Details
Students are advised to write Samachar Manthan Tests each week.		Foundation / UAP Program
Prelims(GREEN)	Basic tests code starts with B, Advance with A and Full length with FLTs and revision R.	Total Tests 50(38 GS-1 + 6 CSAT)
CA Test(BLUE)	CA stands for Monthly Current Affairs Tests	CA Tests = 6
Essay(YELLOW)	For Essay tests themes are mentioned with the respective test.	Essay Program(14 Tests) = 8 (before pre) + 6(after pre)

PHASE 1: BASIC READING OF THE CORE SUBJECTS

Test Code	Syllabus	Base Source to start with for both Prelims and Mains	Advanced Sources	Start Date
BR01 Polity I Prelims Test	Indian Constitution: Historical Underpinnings, Evolution & Making of the Constitution, Features, Significant Provisions The Preamble The Union and its Territory Citizenship Fundamental Rights, Directive Principles & Fundamental Duties Amendment of Constitution Basic Structure of the Constitution Parliamentary System Federal System, Centre-State Relations, Inter-State Relations Emergency Provisions Central Government	-Political Science: Indian Constitution at work NCERT -Political Theories: Class 11 NCERT -Laxmikanth 6th Edition (students using the older edition will have to match the topics)	Polity Titbits by Dr V: https://www.civildaily.com/civildaily-listicles-high-yield-excels-for-quick-prelims-revision/ CD Polity material: https://www.civildaily.com/polity/	5-Mar-2023
BR02 Polity II Prelims Test	State Government Local Government Union Territories and Special Areas Constitutional Bodies Non-Constitutional Bodies Other Constitutional Dimensions Elections and RPA Transparency & Accountability -RTI, Citizen's Charter, e-Governance	-Political Science: Indian Constitution at work NCERT -Political Theories: Class 11 NCERT -Laxmikanth 6th Edition (students using the older edition will have to match the topics)	Polity Titbits by Dr V: https://www.civildaily.com/civildaily-listicles-high-yield-excels-for-quick-prelims-revision/ CD Polity material: https://www.civildaily.com/polity/	19-Mar-2023
BR03 History I Prelims Test	Pre Gandhian Phase (1707-1914) Decline of Mughal Empire The Advent of the Europeans and British Conquest of India The British Administrative Structure Charter Acts and their impact. Pre Congress Organization Formation of the Indian National Congress Moderate Phase (1885 – 1905) and Extremist Phase (1905 onwards) Social – Religious Movements in 19th - 20th centuries.	Pre Gandhian Phase (1707-1914) -Old NCERT Modern India Class 12 by Bipin Chandra -Themes in Indian History 3 : Class 12 -India's Struggle for Independence - Bipin Chandra -Spectrum - A Brief History Of Modern India Latest Edition	-CD material on Modern History -Plassey to Partition by Sekhar Bandyopadhyay	1-Apr-2023
BR04 History II Prelims Test	Gandhian Phase (1915-1947) The Freedom Struggle – its various stages and important contributors/contributions from different parts of the country Rowlatt Act, Jallianawala Bagh Massacre and Khilafat Movement Non- Cooperation, Civil Disobedience and Quit India Movement INA, Royal Indian Navy Mutiny Various Meetings and Negotiations from 1940-1947	-Old NCERT Modern India class 12 by Bipin Chandra -Themes in India History 3: Class 12 -India's Struggle for Independence - Bipin Chandra -Spectrum - A Brief History Of Modern India	-CD material on Modern History -Plassey to Partition by Sekhar Bandyopadhyay -Gandhi: The Years That Changed the World - Guha	15-Apr-2023
BR05 Economics I Prelims Test	National Income Accounting Inflation and Employment Fiscal Policy Money and Banking Monetary Policy Markets - Money and Capital	-12th NCERT - Introductory Macro Indian Economy -CD Material - Himanshu Sir https://www.civildaily.com/indian-economy-gs-for-ias-prelims-and-mains/ -CD Material - Dr. V Notes https://www.civildaily.com/economy-concepts/		29-Apr-2023
BR06 Economics II Prelims Test	Sectors - Agriculture, Industry, Services Infrastructure and Communication External Sector and Currency Exchange rates BoP, BoT, International trade, IMF, WTO, Trade Policies, Issues and Challenges etc.	CD Economics Material https://www.civildaily.com/subject/economics/ -The hindu		13-May-2023
BR07 Physical & World Geography	Physical and world Geography The Earth and basics of latitude and longitude Geomorphology Climatology Oceanography Biogeography	-Old NCERTs Class 6,7,8 for World Geography + Use Maps -Class 11th - Fundamentals of Physical Geography NCERT -Complete World Geography (Oxford and Orient Blackswan Atlas)	-Certificate Physical and Human Geography by Goh Cheng Leong -Civildaily Geography Material	27-May-2023
BR08 Indian Geography	Indian Geography Location: Latitude, Longitude Northern Mountains, Plains of India, Peninsular Plateau and Islands of India. Himalayan and Peninsular Drainage System Spatial and temporal distribution of temperature, pressure, winds and rainfall Indian Monsoon: mechanism, onset and variability; spatial and temporal variations Climatic Regions of India Classification of Soils Problems of Soil and Conservation Forests and their distribution, Forest Conservation Ramsar sites, Biosphere Reserves, Wildlife Sanctuaries and National Parks	-Class 11th - India Physical Environment -Indian Geography CD Module https://www.civildaily.com/indian-geography-for-ias-mains/	-Certificate Physical and Human Geography by Goh Cheng Leong -Civildaily Geography Material https://www.civildaily.com/indian-geography-for-ias-mains/	3-Jun-2023
B01 Polity I Prelims Test	Indian Constitution: Historical Underpinnings, Evolution & Making of the Constitution, Features, Significant Provisions The Preamble The Union and its Territory Citizenship Fundamental Rights, Directive Principles & Fundamental Duties Amendment of Constitution Basic Structure of the Constitution Parliamentary System Federal System, Centre-State Relations, Inter-State Relations Emergency Provisions Central Government	-Political Science: Indian Constitution at work NCERT -Political Theories: Class 11 NCERT -Laxmikanth 6th Edition (students using the older edition will have to match the topics)	Polity Titbits by Dr V: https://www.civildaily.com/civildaily-listicles-high-yield-excels-for-quick-prelims-revision/ CD Polity material: https://www.civildaily.com/polity/	17-Jun-2023
B02 Polity II Prelims Test	State Government Local Government Union Territories and Special Areas Constitutional Bodies Non-Constitutional Bodies Other Constitutional Dimensions Elections and RPA Transparency & Accountability -RTI, Citizen's Charter, e-Governance	-Political Science: Indian Constitution at work NCERT -Political Theories: Class 11 NCERT -Laxmikanth 6th Edition (students using the older edition will have to match the topics)	Polity Titbits by Dr V: https://www.civildaily.com/civildaily-listicles-high-yield-excels-for-quick-prelims-revision/ CD Polity material: https://www.civildaily.com/polity/	1-Jul-2023

MEP01 Polity And Governance Mains Test	GS Paper II Indian Constitution- historical underpinnings, evolution, features, amendments, significant provisions and basic structure. Functions and responsibilities of the Union and the States, Issues and challenges pertaining to the federal structure, devolution of powers and finances up to local levels and challenges therein. Separation of powers between various organs dispute redressal mechanisms and institutions. Comparison of the Indian constitutional scheme with that of other countries. Parliament and State Legislatures - structure, functioning, conduct of business, powers & privileges and issues arising out of these. Structure, organization and functioning of the Executive and the Judiciary Ministries and Departments of the Government; pressure groups and formal/informal associations and their role in the Polity. Salient features of the Representation of People's Act. Appointment to various Constitutional posts, powers, functions and responsibilities of various Constitutional Bodies. Statutory, regulatory and various quasi-judicial bodies	-Laxmikant 6th Edition -Samachar Manthan Notes -Summaries - 2nd ARC REPORT - PUNCHI Commission Report -CD Monthly Magazine For Governance -Specific ARC 2 Reports – 1st, 5th, 6th, 11th, 12th, 14th & 15th -Civildaily Associations & Society Notes https://www.civildaily.com/subject/governance/ -IGNOU B.A Sociology - Sarkaria Commission report	Ram Ahuja Social issues	2-Jul-2023
B03 History I Prelims Test	Pre Gandhian Phase (1707-1914) Decline of Mughal Empire The Advent of the Europeans and British Conquest of India The British Administrative Structure Charter Acts and their impact. Pre Congress Organization Formation of the Indian National Congress Moderate Phase (1885 – 1905) and Extremist Phase (1905 onwards) Social – Religious Movements in 19th – 20th centuries.	Pre Gandhian Phase (1707-1914) -Old NCERT Modern India Class 12 by Bipin Chandra -Themes in Indian History 3 : Class 12 -India's Struggle for Independence - Bipin Chandra -Spectrum - A Brief History Of Modern India Latest Edition	-CD material on Modern History -Plassey to Partition by Sekhar Bandyopadhyay	15-Jul-2023
Essay Test 1	Economy + Polity			22-Jul-2023
B04 History II Prelims Test	Gandhian Phase (1915-1947) The Freedom Struggle – its various stages and important contributors/contributions from different parts of the country Rowlatt Act, Jallianawala Bagh Massacre and Khilafat Movement Non- Cooperation, Civil Disobedience and Quit India Movement INA, Royal Indian Navy Mutiny Various Meetings and Negotiations from 1940-1947	-Old NCERT Modern India class 12 by Bipin Chandra -Themes in India History 3: Class 12 -India's Struggle for Independence - Bipin Chandra -Spectrum - A Brief History Of Modern India	-CD material on Modern History -Plassey to Partition by Sekhar Bandyopadhyay -Gandhi: The Years That Changed the World - Guha	29-Jul-2023
MEP02 History Mains Test	GS Paper I Modern Indian history from about the middle of the eighteenth century until the present significant events, personalities, issues. The Freedom Struggle - its various stages and important contributors/contributions from different parts of the country.	-Old NCERT Modern India class 12 by Bipin Chandra -Themes in India History 3: Class 12 -India's Struggle for Independence - Bipin Chandra -Spectrum - A Brief History Of Modern India	-CD material on Modern History -Plassey to Partition by Sekhar Bandyopadhyay -Gandhi: The Years That Changed the World - Guha	30-Jul-2023
CA01 Current Affairs	May + June Current Affairs	CD Monthly Magazines		5-Aug-2023
B05 Economics I Prelims Test	Static Economics National Income Accounting Inflation and Employment Fiscal Policy Money and Banking Monetary Policy Markets - Money and Capital	-12th NCERT - Introductory Macro Indian Economy -CD Material - Himanshu Sir https://www.civildaily.com/indian-economy-gs-for-ias-prelims-and-mains/ -CD Material - Dr. V Notes https://www.civildaily.com/economy-concepts/		12-Aug-2023
Essay Test 2	Women Issues + Education			20-Aug-2023
B06 Economics II Prelims Test	Current Affairs Based Sectors - Agriculture, Industry, Services Infrastructure and Communication External Sector and Currency Exchange rates BoP, Bot, International trade, IMF, WTO, Trade Policies, Issues and Challenges etc.	CD Economics Material https://www.civildaily.com/subject/economics/ -The hindu		26-Aug-2023
MEP03 Economics Mains Test	GS Paper III Indian Economy and issues relating to planning, mobilization of resources, growth, development and employment.	-12th NCERT - Introductory Macro Indian Economy -CD Material - Himanshu Sir -CD Material - Dr. V Notes https://www.civildaily.com/economy-concepts/ -CD Economics Material https://www.civildaily.com/subject/economics/	-Samachar Manthan Notes -Budget and Economic Survey -Three Year Action Agenda - NITI Aayog	27-Aug-2023
B07 Revision Test-1	Polity + Economy + Modern History	Same Resources as referred earlier		9-Sep-2023
Essay Test 3	Science & Tech + Philosophy			10-Sep-2023
B08 Physical & World Geography	Physical and world Geography The Earth and basics of latitude and longitude Geomorphology Climatology Oceanography Biogeography	-Old NCERTs Class 6,7,8 for World Geography + Use Maps -Class 11th - Fundamentals of Physical Geography NCERT -Complete World Geography (Oxford and Orient Blackswan Atlas)	-Certificate Physical and Human Geography by Goh Cheng Leong -Civildaily Geography Material	23-Sep-2023
B09 Indian Geography	Indian Geography Location: Latitude, Longitude Northern Mountains, Plains of India, Peninsular Plateau and Islands of India. Himalayan and Peninsular Drainage System Spatial and temporal distribution of temperature, pressure, winds and rainfall Indian Monsoon: mechanism, onset and variability; spatial and temporal variations Climatic Regions of India Classification of Soils Problems of Soil and Conservation Forests and their distribution, Forest Conservation Ramsar sites, Biosphere Reserves, Wildlife Sanctuaries and National Parks	-Class 11th - India Physical Environment -Indian Geography CD Module https://www.civildaily.com/indian-geography-for-ias-mains/	-Certificate Physical and Human Geography by Goh Cheng Leong -Civildaily Geography Material https://www.civildaily.com/indian-geography-for-ias-mains/	30-Sep-2023
MEP 04 Geography Mains Test	GS Paper I Distribution of key natural resources across the world (including South Asia and the Indian subcontinent) Factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India) Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., Geographical features and their location- changes in critical geographical features (including water bodies and ice-caps) and in flora and fauna and the effects of such changes. Major crops cropping patterns in various parts of the country, different types of irrigation and irrigation systems.	-Old NCERTs Class 6,7,8 using Maps -Class 11th - India Physical Environment -Economic Geography CD Module -Indian Geography CD Module https://www.civildaily.com/indian-geography-for-ias-mains/ -Complete World Geography (Oxford and Orient Blackswan Atlas)	Certificate Physical and Human Geography by Goh Cheng Leong	1-Oct-2023
CA02 Current Affairs	Jul + Aug Current Affairs	CD Monthly Magazines		7-Oct-2023
B10 Environment & Biodiversity	Environment and its components Ecology and Functions of an ecosystem Terrestrial ecosystems & Aquatic ecosystems Climate Change Biodiversity Basic Concepts Plant and Animal Diversity Marine Organisms Threat to Biodiversity Protected Area Network: National parks, Wildlife Conservation efforts: India	-NCERT Class 12 Environmental Chemistry -NCERT Class 12 Biology - Last 4 chapters of Environment and Biodiversity -CD Environment Material		14-Oct-2023
Essay Test 4	IR + Miscellaneous			15-Oct-2023

B11 Environment & Biodiversity	Ozone Depletion Mitigation Strategies India and Climate Change Environmental pollution Air pollution, Water Pollution, Soil Pollution, Noise Pollution Radioactive pollution E-Waste Solid Waste Bioremediation Conservation Efforts at International level	-NCERT Class 12 Environmental Chemistry -NCERT Class 12 Biology - Last 4 chapters of Environment and Biodiversity -CD Environment Material		21-Oct-2023
B12 Science & Technology Prelims Test	Science and Technology- developments and their applications and effects in everyday life Achievements of Indians in science & technology; indigenization of technology and developing new technology. Indigenization of technology and developing new technology. Awareness in the fields of IT, Space, Computers, robotics, nano-technology, bio-technology and issues relating to intellectual property rights.	Science and Tech will mostly be from contemporary topics. Refer CD's study material as it is more aligned to the recent trend of the exam. https://www.civildaily.com/science-technology/	CD Current Affairs magazines	28-Oct-2023
MEP05 E&B Science & Technology Internal Security Mains Test	GS Paper-III Conservation, environmental pollution and degradation, environmental impact assessment. Disaster and disaster management. GS Paper-III Science and Technology- developments and their applications and effects in everyday life Achievements of Indians in science & technology; indigenization of technology and developing new technology. Indigenization of technology and developing new technology. Awareness in the fields of IT, Space, Computers, robotics, nano-technology, bio-technology and issues relating to intellectual property rights. Linkages between development and spread of extremism. Role of external state and non-state actors in creating challenges to internal security. Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security; money laundering and its prevention Security challenges and their management in border areas; linkages of organized crime with terrorism Various Security forces and agencies and their mandate.	Samachar Manthan Notes CD Environment module Science and Tech will mostly be from contemporary topics. Refer CD's study material as it is more aligned to the recent trend of the exam. https://www.civildaily.com/science-technology/ Challenges to Internal security of India(Ashok Kumar) or Internal security of India(Hamid Khan) Indian express and Hindu International relations in the 21st Century(Pushpesh Pant)	Samachar Manthan Notes	29-Oct-2023
B13 Ancient + Medieval History Prelims Test	Ancient History All the periods - Prehistoric Historic, Harappan / Indus Valley Civilization, Vedic Age, Mahajanapadas, Mauryan Age & Post Mauryan Age, Sangam Age, Guptas Age & Post Guptas Age Early Medieval Period - Palas Pratiharas and Rashtrakutas Sultanate Period: The Delhi Sultanate, Vijayanagar & other Kingdoms, Religious Movements, Bhakti Movement, Sufi Movement Mughal Period Art & Architecture Temple Architecture, Indo-Islamic Architecture, Modern Architecture, Sculpture: Indian Sculpture and Different schools of Art, Indian Paintings: Historical development - Wall Paintings, Cave and Mural Paintings, Miniature Paintings, Mughal Paintings, Rajput Paintings, Folk Paintings, Other Paintings, Modern Indian Paintings & Personalities Religion and Philosophy -Religion: Hinduism, Jainism, Buddhism, Islam, Christianity, Zoroastrianism, Judaism Culture Indian Music: Classical Music, Hindustani Music, Carnatic Music, Folk Music Tradition Indian Dance: Classical Dance forms in India, Folk Dances, Puppetry and Theatre: Different forms of Puppetry in India, Theatres in India: Folk Theatre, Modern Theatre, Language & Literature: Indian Language, Indian Literature Fairs, Festivals and Craft: Religious Festivals, Secular Festivals (States & UT's), Art & Crafts	Ancient + Medieval History -Refer CD's material for an easy start -Old Ncert Ancient India class 11 ncert by RS Sharma -TN board Class 11th -Our past new NCERT class 7th -Quick Revise @CD (Listicles) -New Ncert fine arts class 11 -CCRT Website selected topics		18-Nov-2023
MEP06 Ancient + Medieval History + Society	Indian culture will cover the salient aspects of Art Forms, Literature and Architecture from ancient to modern times. Salient features of Indian Society, Diversity of India. Role of women and women's organization, population and associated issues, poverty and developmental issues, urbanization, their problems and their remedies. Effects of globalization on Indian society Social empowerment, communalism, regionalism & secularism.	Ancient + Medieval History -Refer CD's material for an easy start -Old Ncert Ancient India class 11 ncert by RS Sharma -TN board Class 11th -Our past new NCERT class 7th -Quick Revise @CD (Listicles) -New Ncert fine arts class 11 -CCRT Website selected topics Society CD website material, IGNOU book on Sociology	Ram Ahuja Notes	19-Nov-2023
Essay Test 5	Economy + Polity			26-Nov-2023
B14 Revision Test-2	Environment + Science & Tech + Ancient, Medieval, Art & Culture	Same Resources as referred earlier		9-Dec-2023
MEP07 Ethics Test	GS Paper IV Ethics and Human Interface: Essence, determinants and consequences of Ethics in human actions; dimensions of ethics; ethics in private and public relationships. Human Values – lessons from the lives and teachings of great leaders, reformers and administrators; role of family, society and educational institutions in inculcating values. Attitude: content, structure, function; its influence and relation with thought and behaviour; moral and political attitudes; social influence and persuasion. Aptitude and foundational values for Civil Service, integrity, impartiality and nonpartisanship, objectivity, dedication to public service, empathy, tolerance and compassion towards the weaker sections. Emotional intelligence-concepts, and their utilities and application in administration and governance. Contributions of moral thinkers and philosophers from India and world Public/Civil service values and Ethics in Public Administration: Status and problems; ethical concerns and dilemmas in government and private institutions; laws, rules, regulations and conscience as sources of ethical guidance; accountability and ethical governance; strengthening of ethical and moral values in governance; ethical issues in international relations and funding; corporate governance. Probity in Governance: Concept of public service; Philosophical basis of governance and probity; Information sharing and transparency in government, Right to Information, Codes of Ethics, Codes of Conduct, Citizen's Charters, Work culture, Quality of service delivery, Utilization of public funds, challenges of corruption. Case Studies on above issues	2nd ARC Ethics, Integrity and Aptitude - Arihant Publications Ethics, Integrity and Aptitude - D Subbarao (Lexicon)		16-Dec-2023
CA03 Current Affairs	Sep + Oct Current Affairs	CD Monthly Magazines		23-Dec-2023
A01 Polity	Full Syllabus of Polity			6-Jan-2024

MEP08 Governance International Relations	<p>Governance Government policies and interventions for development in various sectors and issues arising out of their design and implementation. Development processes and the development industry- the role of NGOs, SHGs, various groups and associations, donors, charities, institutional and other stakeholders Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and Bodies constituted for the protection and betterment of these vulnerable sections. Issues relating to poverty and hunger. Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources. Important aspects of governance, transparency and accountability, e-governance applications, models, successes, limitations, and potential; citizens charters, transparency & accountability and institutional and other measures. Role of civil services in a democracy International Relations Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests Important international institutions, agencies and for- their structure, mandate. Effect of policies and politics of developed and developing countries on India's interests, Indian Diaspora. India & Its Neighborhood - Relations</p>	<p>-Samachar Manthan Notes -Specific ARC 2 Reports – 1 st , 5 th , 6th , 11th , 12th, 14th & 15th -Civildaily Governancenotes https://www.civildaily.com/subject/governance/ - Sarkaria Commission report</p> <p>Civildaily IR Background material Civildaily Daily Current affairs and Monthly Magazine Indian express-Raja Mandala Observer research Foundation articles IDSA</p>			7-Jan-2024
Essay Test 5	Economy + Polity				14-Jan-2024
A02 History	Full Syllabus of History(Ancient+ Med + Modern + Art & Culture)				27-Jan-2024
A03 Economy	Full Syllabus of Economics	Same as earlier	Same as earlier		3-Feb-2024
MEP09 GS-1	Full GS-1 Syllabus	Same as earlier			4-Feb-2024
A04 Geography	Full Syllabus of Geography (Physical + World)	Same as earlier	Same as earlier		10-Feb-2024
Essay Test 6	Women Issues + Education				11-Feb-2024
CA04 Current Affairs	Nov + Dec Current Affairs	CD Monthly Magazines			17-Feb-2024
MEP 10 GS-1	Full GS-2 Syllabus	Same as earlier			18-Feb-2024
A05 Environment	Full Syllabus of S&T + Environment	Same as earlier	Same as earlier		24-Feb-2024
MEP 11 GS-1	Full GS-3 Syllabus	Same as earlier			25-Feb-2024
A06 Sci & Tech	Full Syllabus of Science & Tech	Same as earlier	Same as earlier		2-Mar-2024
Essay Test 7	Science & Tech + Philosophy				3-Mar-2024
A07 International Relations	IR in news + International organizations	Same as earlier	Same as earlier		9-Mar-2024
A08 Budget & Eco Survey	Budget & Economic Survey	Same as earlier	Same as earlier		16-Mar-2024
MEP 12 GS-4	Full GS-4 Syllabus	Same as earlier			17-Mar-2024
Essay Test 8	IR + Miscellaneous				24-Mar-2024
FLT #1	Full Syllabus				30-Mar-2024
FLT #2	Full Syllabus				6-Apr-2024
FLT #3	Full Syllabus				13-Apr-2024
CA05 Current Affairs	Jan + Feb Current Affairs	CD Monthly Magazines			17-Apr-2024
FLT #4	Full Syllabus				20-Apr-2024
FLT #5	Full Syllabus				27-Apr-2024
FLT #6	Full Syllabus				4-May-2024
FLT #7	Full Syllabus				11-May-2024
FLT #8	Full Syllabus				18-May-2024
FLT #9	Full Syllabus				25-May-2024
CA06 Current Affairs	Mar + Apr Current Affairs	CD Monthly Magazines			29-May-2024
FLT #10	Full Syllabus				1-Jun-2024

This Timetable may undergo Minor changes based on the Exam date for Prelims 2024.