

**Module Name: Mains Essentials Program 2023**  
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**Batch: Batch 2(September 18, 2022)**

## Mains Essentials Program 2023 TIMETABLE

**Program Details: Total Tests- 24 tests (12 Sectional + 12 FLTS)**

Test Code	Syllabus	Base Source to start with for both Prelims and Mains	Advanced Sources	Start Date
<b>MEP01 Polity And Governance Mains Test</b>	GS Paper II Indian Constitution- historical underpinnings, evolution, features, amendments, significant provisions and basic structure. Functions and responsibilities of the Union and the States, Issues and challenges pertaining to the federal structure, devolution of powers and finances up to local levels and challenges therein. Separation of powers between various organs dispute redressal mechanisms and institutions. Comparison of the Indian constitutional scheme with that of other countries. Parliament and State Legislatures - structure, functioning, conduct of business, powers & privileges and issues arising out of these. Structure, organization and functioning of the Executive and the Judiciary Ministries and Departments of the Government; pressure groups and formal/informal associations and their role in the Polity. Salient features of the Representation of People's Act. Appointment to various Constitutional posts, powers, functions and responsibilities of various Constitutional Bodies. Statutory, regulatory and various quasi-judicial bodies Current affairs topics on Polity, social areas and governance	<a href="#">-Laxmikant 6th Edition</a> <a href="#">-Samachar Manthan Notes</a> <a href="#">-Summaries - 2nd ARC REPORT</a> <a href="#">- Punchi Commission Report</a> <a href="#">-CD Monthly Magazine</a>  <a href="#">For Governance</a> <a href="#">-Specific ARC 2 Reports – 1 st , 5 th , 6th , 11th , 12th, 14th &amp; 15th</a> <a href="#">-Civildaily Governance &amp; Society Notes</a> <a href="https://www.civildaily.com/subject/governance/">https://www.civildaily.com/subject/governance/</a> <a href="#">-IGNOU B.A Sociology</a> <a href="#">- Sarkaria Commission report</a>	Ram Ahuja Social issues	18-Sep-2022
<b>MEP02 History Mains Test</b>	GS Paper I Modern Indian history from about the middle of the eighteenth century until the present significant events, personalities, issues. The Freedom Struggle - its various stages and important contributors/contributions from different parts of the country. World History topics to be covered here	-Old NCERT Modern India class 12 by Bipin Chandra -Themes in India History 3: Class 12 -India's Struggle for Independence - Bipan Chandra -Spectrum - A Brief History Of Modern India	-CD material on Modern History -Plassey to Partition by Sekhar Bandyopadhyay -Gandhi: The Years That Changed the World - Guha	9-Oct-2022
<b>MEP03 Economics Mains Test</b>	GS Paper III Indian Economy and issues relating to planning, mobilization of resources, growth, development and employment.	-12th NCERT - Introductory Macro Indian Economy -CD Material - Himanshu Sir -CD Material - Dr. V Notes <a href="https://www.civildaily.com/economy-concepts/">https://www.civildaily.com/economy-concepts/</a> -CD Economics Material <a href="https://www.civildaily.com/subject/economics/">https://www.civildaily.com/subject/economics/</a>	-Samachar Manthan Notes -Budget and Economic Survey -Three Year Action Agenda - NITI Aayog	30-Oct-2022
<b>MEP 04 Geography Mains Test</b>	GS Paper I Distribution of key natural resources across the world (including South Asia and the Indian subcontinent) Factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India) Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., Geographical features and their location- changes in critical geographical features (including water bodies and ice-caps) and in flora and fauna and the effects of such changes. Major crops cropping patterns in various parts of the country, different types of irrigation and irrigation systems.	<a href="#">-Old NCERTs Class 6,7,8 using Maps</a> <a href="#">-Class 11th - India Physical Environment</a> <a href="#">-Economic Geography CD Module</a> <a href="#">-Indian Geography CD Module</a> <a href="https://www.civildaily.com/indian-geography-for-ias-mains/">https://www.civildaily.com/indian-geography-for-ias-mains/</a> <a href="#">-Complete World Geography (Oxford and Orient Blackswan Atlas)</a>	Certificate Physical and Human Geography by Goh Cheng Leong	20-Nov-2022

<p align="center"><b>MEP05 E&amp;B Science &amp; Technology Internal Security Mains Test</b></p>	<p>GS Paper-III Conservation, environmental pollution and degradation, environmental impact assessment. Disaster and disaster management. GS Paper-III Science and Technology- developments and their applications and effects in everyday life Achievements of Indians in science &amp; technology; indigenization of technology and developing new technology. Indigenization of technology and developing new technology. Awareness in the fields of IT, Space, Computers, robotics, nano-technology, bio-technology and issues relating to intellectual property rights. Linkages between development and spread of extremism. Role of external state and non-state actors in creating challenges to internal security. Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security; money laundering and its prevention Security challenges and their management in border areas; linkages of organized crime with terrorism Various Security forces and agencies and their mandate.</p>	<p><a href="#">Samachar Manthan Notes</a> <a href="#">CD Environment module</a></p> <p><a href="#">Science and Tech will mostly be from contemporary topics. Refer CD's study material as it is more aligned to the recent trend of the exam. <a href="https://www.civildaily.com/science-technology/Challenges-to-Internal-security-of-India(Ashok-Kumar)-or-Internal-security-of-India(Hamid-Khan)-Indian-express-and-Hindu-International-relations-in-the-21st-Century(Pushpesh-Pant)">https://www.civildaily.com/science-technology/Challenges-to-Internal-security-of-India(Ashok-Kumar)-or-Internal-security-of-India(Hamid-Khan)-Indian-express-and-Hindu-International-relations-in-the-21st-Century(Pushpesh-Pant)</a></a></p>	<p>Samachar Manthan Notes</p>	<p>11-Dec-2022</p>
<p align="center"><b>MEP06 Ancient + Medieval History + Society</b></p>	<p>Indian culture will cover the salient aspects of Art Forms, Literature and Architecture from ancient to modern times. Salient features of Indian Society, Diversity of India. Role of women and women's organization, population and associated issues, poverty and developmental issues, urbanization, their problems and their remedies. Effects of globalization on Indian society Social empowerment, communalism, regionalism &amp; secularism.</p>	<p>Ancient + Medieval History -Refer CD's material for an easy start -Old Ncert Ancient India class 11 ncert by RS Sharma -TN board Class 11th -Our past new NCERT class 7th -Quick Revise @CD (Listicles) -New Ncert fine arts class 11 -CCRT Website selected topics Society CD website material, IGNOU book on Sociology</p>	<p>Ram Ahuja Notes</p>	<p>2-Jan-2023</p>

<p><b>MEP07 Ethics Test</b></p>	<p>GS Paper IV Ethics and Human Interface: Essence, determinants and consequences of Ethics in human actions; dimensions of ethics; ethics in private and public relationships. Human Values – lessons from the lives and teachings of great leaders, reformers and administrators; role of family, society and educational institutions in inculcating values. Attitude: content, structure, function; its influence and relation with thought and behaviour; moral and political attitudes; social influence and persuasion. Aptitude and foundational values for Civil Service , integrity, impartiality and nonpartisanship, objectivity, dedication to public service, empathy, tolerance and compassion towards the weaker sections. Emotional intelligence-concepts, and their utilities and application in administration and governance. Contributions of moral thinkers and philosophers from India and world Public/Civil service values and Ethics in Public Administration: Status and problems; ethical concerns and dilemmas in government and private institutions; laws, rules, regulations and conscience as sources of ethical guidance; accountability and ethical governance; strengthening of ethical and moral values in governance; ethical issues in international relations and funding; corporate governance. Probity in Governance: Concept of public service; Philosophical basis of governance and probity; Information sharing and transparency in government, Right to Information, Codes of Ethics, Codes of Conduct, Citizen's Charters, Work culture, Quality of service delivery, Utilization of public funds, challenges of corruption. Case Studies on above issues</p>	<p>2nd ARC Ethics, Integrity and Aptitude - Arihant Publications Ethics, Integrity and Aptitude - D Subbarao (Lexicon)</p>		<p>22-Jan-2023</p>
<p><b>MEP08 Governance International Relations</b></p>	<p>Governance Government policies and interventions for development in various sectors and issues arising out of their design and implementation. Development processes and the development industry- the role of NGOs, SHGs, various groups and associations, donors, charities, institutional and other stakeholders Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and Bodies constituted for the protection and betterment of these vulnerable sections. Issues relating to poverty and hunger. Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources. Important aspects of governance, transparency and accountability, e-governance applications, models, successes, limitations, and potential; citizens charters, transparency &amp; accountability and institutional and other measures. Role of civil services in a democracy International Relations Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests Important International institutions, agencies and fora- their structure, mandate. Effect of policies and politics of developed and developing countries on India's interests, Indian Diaspora. India &amp; Its Neighborhood - Relations</p>	<p><a href="#">-Samachar Manthan Notes</a> <a href="#">-Specific ARC 2 Reports – 1 st , 5 th , 6th , 11th , 12th, 14th &amp; 15th</a> <a href="#">-Civildaily Governancenotes</a> <a href="https://www.civildaily.com/subject/governance/">https://www.civildaily.com/subject/governance/</a> <a href="#">- Sarkaria Commission report</a>  <a href="#">Civildaily IR Background material</a> <a href="#">Civildaily Daily Current affairs and Monthly Magazine</a> <a href="#">Indian express-Raja Mandala</a> <a href="#">Observer research Foundation articles</a> <a href="#">IDSA</a></p>		<p>12-Feb-2023</p>
<p><b>MEP09 GS-1</b></p>	<p>Full GS-1 Syllabus</p>	<p>Same as earlier</p>		<p>25-Feb-2023</p>
<p><b>MEP 10 GS-1</b></p>	<p>Full GS-2 Syllabus</p>	<p>Same as earlier</p>		<p>26-Feb-2023</p>

<b>MEP 11 GS-1</b>	Full GS-3 Syllabus	Same as earlier		4-Feb-2023
<b>MEP 12 GS-4</b>	Full GS-4 Syllabus	Same as earlier		5-Mar-2023
<b>All The Best For Prelims Exam. Remaining test schedule will be published based on Prelims exam date</b>				