

## FOUNDATION/ ULTIMATE ASSESSMENT PROGRAM 2023 TIMETABLE

Key offerings (Follow the color and Test codes)		All Tests have All India Ranks	Program Details	
Samachar Manthan students will also appear for their weekly CA lectures + Mains Mini Tests (Every week)		Foundation / UAP Program		
<b>Prelims(GREEN)</b>	Basic tests code starts with B, Advance with A and Full length with FLTs and revision R.	<b>Total Tests 44(38 GS-1 + 6 CSAT)</b>		
<b>CA Test(BLUE)</b>	CA stands for Monthly Current Affairs Tests	<b>CA Tests = 6, Static Tests 32</b>		
<b>Essay(YELLOW)</b>	For Essay tests themes are mentioned with the respective test.	<b>Essay Program(14 Tests) = 8 (before pre) + 6(after pre)</b>		
Test Code	Syllabus	Base Source to start with both Prelims and Mains	Advanced Sources	Start Date
<b>B01 Polity I Prelims Test</b>	Indian Constitution: Historical Underpinnings, Evolution & Making of the Constitution, Features, Significant Provisions The Preamble The Union and its Territory Citizenship Fundamental Rights, Directive Principles & Fundamental Duties Amendment of Constitution Basic Structure of the Constitution Parliamentary System Federal System, Centre-State Relations, Inter-State Relations Emergency Provisions Central Government	-Political Science: Indian Constitution at work NCERT -Political Theories: Class 11 NCERT -Laxmikant 6th Edition (students using the older edition will have to match the topics)	Polity Titbits by Dr V: <a href="https://www.civildaily.com/civildaily-listicles-high-yield-excel-for-quick-prelims-revision/">https://www.civildaily.com/civildaily-listicles-high-yield-excel-for-quick-prelims-revision/</a>  CD Polity material: <a href="https://www.civildaily.com/polity/">https://www.civildaily.com/polity/</a>	11-Jun-2022
<b>B02 Polity II Prelims Test</b>	State Government Local Government Union Territories and Special Areas Constitutional Bodies Non-Constitutional Bodies Other Constitutional Dimensions Elections and RPA Transparency & Accountability -RTI, Citizen's Charter, e-Governance	-Political Science: Indian Constitution at work NCERT -Political Theories: Class 11 NCERT -Laxmikant 6th Edition (students using the older edition will have to match the topics)	Polity Titbits by Dr V: <a href="https://www.civildaily.com/civildaily-listicles-high-yield-excel-for-quick-prelims-revision/">https://www.civildaily.com/civildaily-listicles-high-yield-excel-for-quick-prelims-revision/</a>  CD Polity material: <a href="https://www.civildaily.com/polity/">https://www.civildaily.com/polity/</a>	25-Jun-2022
<b>MEP01 Polity And Governance Mains Test</b>	GS Paper II Indian Constitution- historical underpinnings, evolution, features, amendments, significant provisions and basic structure. Functions and responsibilities of the Union and the States, Issues and challenges pertaining to the federal structure, devolution of powers and finances up to local levels and challenges therein. Separation of powers between various organs dispute redressal mechanisms and institutions. Comparison of the Indian constitutional scheme with that of other countries. Parliament and State Legislatures - structure, functioning, conduct of business, powers & privileges and issues arising out of these. Structure, organization and functioning of the Executive and the Judiciary Ministries and Departments of the Government; pressure groups and formal/informal associations and their role in the Polity. Salient features of the Representation of People's Act. Appointment to various Constitutional posts, powers, functions and responsibilities of various Constitutional Bodies. Statutory, regulatory and various quasi-judicial bodies	-Laxmikant 6th Edition -Samachar Manthan Notes -Summaries - 2nd ARC REPORT - Punchi Commission Report -CD Monthly Magazine  For Governance -Specific ARC 2 Reports – 1 st , 5 th , 6 th , 11th , 12th, 14th & 15th -Civildaily Governance & Society Notes <a href="https://www.civildaily.com/subject/governance/">https://www.civildaily.com/subject/governance/</a> -IGNOU B.A Sociology - Sarkaria Commission report	Ram Ahuja Social issues	26-Jun-2022
<b>B03 History I Prelims Test</b>	Pre Gandhian Phase (1707-1914) Decline of Mughal Empire The Advent of the Europeans and British Conquest of India The British Administrative Structure Charter Acts and their impact. Pre Congress Organization Formation of the Indian National Congress Moderate Phase (1885 – 1905) and Extremist Phase (1905 onwards) Social – Religious Movements in 19th - 20th centuries.	Pre Gandhian Phase (1707-1914) -Old NCERT Modern India Class 12 by Bipin Chandra -Themes in Indian History 3 : Class 12 -India's Struggle for Independence - Bipin Chandra -Spectrum - A Brief History Of Modern India Latest Edition	-CD material on Modern History -Plassey to Partition by Sekhar Bandyopadhyay	9-Jul-2022
<b>Essay Test 1</b>	Economy + Polity			10-Jul-2022
<b>B04 History II Prelims Test</b>	Gandhian Phase (1915-1947) The Freedom Struggle – its various stages and important contributors/contributions from different parts of the country Rowlatt Act, Jallianawala Bagh Massacre and Khilafat Movement Non- Cooperation, Civil Disobedience and Quit India Movement INA, Royal Indian Navy Mutiny Various Meetings and Negotiations from 1940-1947	-Old NCERT Modern India class 12 by Bipin Chandra -Themes in India History 3: Class 12 -India's Struggle for Independence - Bipin Chandra -Spectrum - A Brief History Of Modern India	-CD material on Modern History -Plassey to Partition by Sekhar Bandyopadhyay -Gandhi: The Years That Changed the World - Guha	23-Jul-2022
<b>MEP02 History Mains Test</b>	GS Paper I Modern Indian history from about the middle of the eighteenth century until the present significant events, personalities, issues. The Freedom Struggle - its various stages and important contributors/contributions from different parts of the country.	-Old NCERT Modern India class 12 by Bipin Chandra -Themes in India History 3: Class 12 -India's Struggle for Independence - Bipin Chandra -Spectrum - A Brief History Of Modern India	-CD material on Modern History -Plassey to Partition by Sekhar Bandyopadhyay -Gandhi: The Years That Changed the World - Guha	24-Jul-2022
<b>CA01 Current Affairs</b>	May + June Current Affairs	CD Monthly Magazines		30-Jul-2022
<b>B05 Economics I Prelims Test</b>	Static Economics National Income Accounting Inflation and Employment Fiscal Policy Money and Banking Monetary Policy Markets - Money and Capital	-12th NCERT - Introductory Macro Indian Economy -CD Material - Himanshu Sir <a href="https://www.civildaily.com/indian-economy-gs-for-ias-prelims-and-mains/">https://www.civildaily.com/indian-economy-gs-for-ias-prelims-and-mains/</a> -CD Material - Dr. V Notes <a href="https://www.civildaily.com/economy-concepts/">https://www.civildaily.com/economy-concepts/</a>		6-Aug-2022
<b>Essay Test 2</b>	Women Issues + Education			7-Aug-2022
<b>B06 Economics II Prelims Test</b>	Current Affairs Based Sectors - Agriculture, Industry, Services Infrastructure and Communication External Sector and Currency Exchange rates BoP, BoT, International trade, IMF, WTO, Trade Policies, Issues and Challenges etc.	CD Economics Material <a href="https://www.civildaily.com/subject/economics/">https://www.civildaily.com/subject/economics/</a>  -The hindu		20-Aug-2022
<b>MEP03 Economics Mains Test</b>	GS Paper III Indian Economy and issues relating to planning, mobilization of resources, growth, development and employment.	-12th NCERT - Introductory Macro Indian Economy -CD Material - Himanshu Sir -CD Material - Dr. V Notes <a href="https://www.civildaily.com/economy-concepts/">https://www.civildaily.com/economy-concepts/</a> -CD Economics Material <a href="https://www.civildaily.com/subject/economics/">https://www.civildaily.com/subject/economics/</a>	-Samachar Manthan Notes -Budget and Economic Survey -Three Year Action Agenda - NITI Aayog	21-Aug-2022
<b>B07 Revision Test-1</b>	Polity + Economy + Modern History	Same Resources as referred earlier		10-Sep-2022
<b>Essay Test 3</b>	Science & Tech + Philosophy			11-Sep-2022

<b>MEP 04 Geography Mains Test</b>	GS Paper I Distribution of key natural resources across the world (including South Asia and the Indian subcontinent) Factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India) Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., Geographical features and their location- changes in critical geographical features (including water bodies and ice-caps) and in flora and fauna and the effects of such changes. Major crops cropping patterns in various parts of the country, different types of irrigation and irrigation systems.	-Old NCERTs Class 6,7,8 using Maps -Class 11th - India Physical Environment -Economic Geography CD Module -Indian Geography CD Module <a href="https://www.civildaily.com/indian-geography-for-ias-mains/">https://www.civildaily.com/indian-geography-for-ias-mains/</a> -Complete World Geography (Oxford and Orient Blackswan Atlas)	Certificate Physical and Human Geography by Goh Cheng Leong	18-Sep-2022
<b>B08 Physical &amp; World Geography</b>	Physical and world Geography The Earth and basics of latitude and longitude Geomorphology Climatology Oceanography Biogeography	-Old NCERTs Class 6,7,8 for World Geography + Use Maps -Class 11th - Fundamentals of Physical Geography NCERT -Complete World Geography (Oxford and Orient Blackswan Atlas)	-Certificate Physical and Human Geography by Goh Cheng Leong -Civildaily Geography Material	24-Sep-2022
<b>CA02 Current Affairs</b>	Jul + Aug Current Affairs	CD Monthly Magazines		1-Oct-2022
<b>B09 Indian Geography</b>	Indian Geography Location: Latitude, Longitude Northern Mountains, Plains of India, Peninsular Plateau and Islands of India. Himalayan and Peninsular Drainage System Spatial and temporal distribution of temperature, pressure, winds and rainfall Indian Monsoon: mechanism, onset and variability; spatial and temporal variations Climatic Regions of India Classification of Soils Problems of Soil and Conservation Forests and their distribution, Forest Conservation Ramsar sites, Biosphere Reserves, Wildlife Sanctuaries and National Parks	-Class 11th - India Physical Environment -Indian Geography CD Module <a href="https://www.civildaily.com/indian-geography-for-ias-mains/">https://www.civildaily.com/indian-geography-for-ias-mains/</a>	-Certificate Physical and Human Geography by Goh Cheng Leong -Civildaily Geography Material <a href="https://www.civildaily.com/indian-geography-for-ias-mains/">https://www.civildaily.com/indian-geography-for-ias-mains/</a>	8-Oct-2022
<b>MEP05 E&amp;B Science &amp; Technology Internal Security Mains Test</b>	GS Paper-III Conservation, environmental pollution and degradation, environmental impact assessment. Disaster and disaster management. GS Paper-III Science and Technology- developments and their applications and effects in everyday life Achievements of Indians in science & technology; indigenization of technology and developing new technology. Indigenization of technology and developing new technology. Awareness in the fields of IT, Space, Computers, robotics, nano-technology, bio-technology and issues relating to intellectual property rights. Linkages between development and spread of extremism. Role of external state and non-state actors in creating challenges to internal security. Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security; money laundering and its prevention Security challenges and their management in border areas; linkages of organized crime with terrorism Various Security forces and agencies and their mandate.	Samachar Manthan Notes CD Environment module  Science and Tech will mostly be from contemporary topics. Refer CD's study material as it is more aligned to the recent trend of the exam. <a href="https://www.civildaily.com/science-technology/">https://www.civildaily.com/science-technology/</a> Challenges to Internal security of India (Ashok Kumar) or Internal security of India(Hamid Khan) Indian express and Hindu International relations in the 21st Century(Pushpesh Pant)	Samachar Manthan Notes	9-Oct-2022
<b>B10 Environment &amp; Biodiversity</b>	Environment and its components Ecology and Functions of an ecosystem Terrestrial ecosystems & Aquatic ecosystems Climate Change Biodiversity Basic Concepts Plant and Animal Diversity Marine Organisms Threat to Biodiversity Protected Area Network: National parks, Wildlife Conservation efforts: India	-NCERT Class 12 Environmental Chemistry -NCERT Class 12 Biology - Last 4 chapters of Environment and Biodiversity -CD Environment Material		15-Oct-2022
<b>Essay Test 4</b>	IR + Miscellaneous			16-Oct-2022
<b>B11 Environment &amp; Biodiversity</b>	Ozone Depletion Mitigation Strategies India and Climate Change Environmental pollution Air pollution, Water Pollution, Soil Pollution, Noise Pollution Radioactive pollution E-Waste Solid Waste Bioremediation Conservation Efforts at International level	-NCERT Class 12 Environmental Chemistry -NCERT Class 12 Biology - Last 4 chapters of Environment and Biodiversity -CD Environment Material		22-Oct-2022
<b>B12 Science &amp; Technology Prelims Test</b>	Science and Technology- developments and their applications and effects in everyday life Achievements of Indians in science & technology; indigenization of technology and developing new technology. Indigenization of technology and developing new technology. Awareness in the fields of IT, Space, Computers, robotics, nano-technology, bio-technology and issues relating to intellectual property rights.	Science and Tech will mostly be from contemporary topics. Refer CD's study material as it is more aligned to the recent trend of the exam. <a href="https://www.civildaily.com/science-technology/">https://www.civildaily.com/science-technology/</a>	CD Current Affairs magazines	29-Oct-2022
<b>MEP06 Ancient + Medieval History + Society</b>	Indian culture will cover the salient aspects of Art Forms, Literature and Architecture from ancient to modern times. Salient features of Indian Society, Diversity of India. Role of women and women's organization, population and associated issues, poverty and developmental issues, urbanization, their problems and their remedies. Effects of globalization on Indian society Social empowerment, communalism, regionalism & secularism.	Ancient + Medieval History -Refer CD's material for an easy start -Old Ncert Ancient India class 11 ncert by RS Sharma -TN board Class 11th -Our past new NCERT class 7th -Quick Revise @CD (Listicles) -New Ncert fine arts class 11 -CCRT Website selected topics Society CD website material, IGNOU book on Sociology	Ram Ahuja Notes	6-Nov-2022
<b>B13 Ancient + Medieval History Prelims Test</b>	Ancient History All the periods - Prehistoric Historic, Harappan / Indus Valley Civilization, Vedic Age, Mahajanapadas, Mauryan Age & Post Mauryan Age, Sangam Age, Guptas Age & Post Guptas Age Early Medieval Period - Palas Pratiharas and Rashtrakutas Sultanate Period: The Delhi Sultanate, Vijayanagar & other Kingdoms, Religious Movements, Bhakti Movement, Sufi Movement Mughal Period  Art & Architecture Temple Architecture, Indo-Islamic Architecture, Modern Architecture, Sculpture: Indian Sculpture and Different schools of Art, Indian Paintings: Historical development - Wall Paintings, Cave and Mural Paintings, Miniature Paintings, Mughal Paintings, Rajput Paintings, Folk Paintings, Other Paintings, Modern Indian Paintings & Personalities  Religion and Philosophy -Religion: Hinduism, Jainism, Buddhism, Islam, Christianity, Zoroastrianism, Judaism  Culture Indian Music: Classical Music, Hindustani Music, Carnatic Music, Folk Music Tradition Indian Dance: Classical Dance forms in India, Folk Dances, Puppetry and Theatre: Different forms of Puppetry in India, Theatres in India: Folk Theatre, Modern Theatre, Language & Literature: Indian Language, Indian Literature Fairs, Festivals and Craft: Religious Festivals, Secular Festivals (States & UT's), Art & Crafts	Ancient + Medieval History -Refer CD's material for an easy start -Old Ncert Ancient India class 11 ncert by RS Sharma -TN board Class 11th -Our past new NCERT class 7th -Quick Revise @CD (Listicles) -New Ncert fine arts class 11 -CCRT Website selected topics		12-Nov-2022
<b>Essay Test 5</b>	<b>Economy + Polity</b>			20-Nov-2022
<b>B14 Revision Test-2</b>	Environment + Science & Tech + Ancient, Medieval, Art & Culture	Same Resources as referred earlier		26-Nov-2022

<b>MEP07 Ethics Test</b>	GS Paper IV Ethics and Human Interface: Essence, determinants and consequences of Ethics in human actions; dimensions of ethics; ethics in private and public relationships. Human Values – lessons from the lives and teachings of great leaders, reformers and administrators; role of family, society and educational institutions in inculcating values. Attitude: content, structure, function; its influence and relation with thought and behaviour; moral and political attitudes; social influence and persuasion. Aptitude and foundational values for Civil Service, integrity, impartiality and nonpartisanship, objectivity, dedication to public service, empathy, tolerance and compassion towards the weaker sections. Emotional intelligence-concepts, and their utilities and application in administration and governance. Contributions of moral thinkers and philosophers from India and world Public/Civil service values and Ethics in Public Administration: Status and problems; ethical concerns and dilemmas in government and private institutions; laws, rules, regulations and conscience as sources of ethical guidance; accountability and ethical governance; strengthening of ethical and moral values in governance; ethical issues in international relations and funding; corporate governance. Probity in Governance: Concept of public service; Philosophical basis of governance and probity; Information sharing and transparency in government, Right to Information, Codes of Ethics, Codes of Conduct, Citizen's Charters, Work culture, Quality of service delivery, Utilization of public funds, challenges of corruption. Case Studies on above issues	2nd ARC Ethics, Integrity and Aptitude - Arihant Publications Ethics, Integrity and Aptitude - D Subbarao (Lexicon)		27-Nov-2020
<b>CA03 Current Affairs</b>	Sep + Oct Current Affairs	CD Monthly Magazines		3-Dec-2022
<b>A01 Polity</b>	Full Syllabus of Polity			10-Dec-2022
<b>MEP08 Governance International Relations</b>	Governance Government policies and interventions for development in various sectors and issues arising out of their design and implementation. Development processes and the development industry- the role of NGOs, SHGs, various groups and associations, donors, charities, institutional and other stakeholders Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and Bodies constituted for the protection and betterment of these vulnerable sections. Issues relating to poverty and hunger. Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources. Important aspects of governance, transparency and accountability, e-governance applications, models, successes, limitations, and potential; citizens charters, transparency & accountability and institutional and other measures. Role of civil services in a democracy International Relations Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests Important International institutions, agencies and fora- their structure, mandate. Effect of policies and politics of developed and developing countries on India's interests, Indian Diaspora. India & Its Neighborhood - Relations	-Samachar Manthan Notes -Specific ARC 2 Reports – 1 st , 5 th , 6th , 11th , 12th, 14th & 15th -Civildaily Governancenotes <a href="https://www.civildaily.com/subject/governance/">https://www.civildaily.com/subject/governance/</a> - Sarkaria Commission report	Civildaily IR Background material Civildaily Daily Current affairs and Monthly Magazine Indian express-Raja Mandala Observer research Foundation articles IDSA	18-Dec-2022
<b>Essay Test 5</b>	Economy + Polity			18-Dec-2022
<b>A02 History</b>	Full Syllabus of History(Ancient+ Med + Modern + Art & Culture)			24-Dec-2022
<b>A03 Economy</b>	Full Syllabus of Economics	Same as earlier	Same as earlier	7-Jan-2023
<b>MEP09 GS-1</b>	Full GS-1 Syllabus	Same as earlier		8-Jan-2023
<b>A04 Geography</b>	Full Syllabus of Geography (Physical + World)	Same as earlier	Same as earlier	21-Jan-2023
<b>Essay Test 6</b>	Women Issues + Education			22-Jan-2023
<b>C04 Current Affairs</b>	Nov + Dec Current Affairs	CD Monthly Magazines		28-Jan-2023
<b>MEP 10 GS-1</b>	Full GS-2 Syllabus	Same as earlier		29-Jan-2023
<b>A05 Environment</b>	Full Syllabus of S&T + Environment	Same as earlier	Same as earlier	4-Feb-2023
<b>MEP 11 GS-1</b>	Full GS-3 Syllabus	Same as earlier		5-Feb-2023
<b>A06 Sci &amp; Tech</b>	Full Syllabus of Science & Tech	Same as earlier	Same as earlier	11-Feb-2023
<b>Essay Test 7</b>	Science & Tech + Philosophy			12-Feb-2023
<b>A07 International Relations</b>	IR in news + International organizations	Same as earlier	Same as earlier	18-Feb-2023
<b>A08 Budget &amp; Eco Survey</b>	Budget & Economic Survey	Same as earlier	Same as earlier	25-Feb-2023
<b>MEP 12 GS-4</b>	Full GS-4 Syllabus	Same as earlier		26-Feb-2023
<b>Essay Test 8</b>	IR + Miscellaneous			5-Mar-2023
<b>FLT #1</b>	Full Syllabus			11-Mar-2023
<b>FLT #2</b>	Full Syllabus			18-Mar-2023
<b>FLT #3</b>	Full Syllabus			25-Mar-2023
<b>CA05 Current Affairs</b>	Jan + Feb Current Affairs	CD Monthly Magazines		1-Apr-2023
<b>FLT #4</b>	Full Syllabus			8-Apr-2023
<b>FLT #5</b>	Full Syllabus			15-Apr-2023
<b>FLT #6</b>	Full Syllabus			22-Apr-2023
<b>FLT #7</b>	Full Syllabus			29-Apr-2023
<b>FLT #8</b>	Full Syllabus			6-May-2023
<b>FLT #9</b>	Full Syllabus			13-May-2023
<b>CA06 Current Affairs</b>	Jan + Feb Current Affairs	CD Monthly Magazines		14-May-2023
<b>FLT #10</b>	Full Syllabus			20-May-2023
<b>Schedule for CSAT TESTS</b>				
<b>CSAT-01</b>	Full Syllabus			12-Feb-2023
<b>CSAT-02</b>	Full Syllabus			26-Feb-2023
<b>CSAT-03</b>	Full Syllabus			12-Mar-2023
<b>CSAT-04</b>	Full Syllabus			26-Mar-2023
<b>CSAT-05</b>	Full Syllabus			9-Apr-2023
<b>CSAT-06</b>	Full Syllabus			23-Apr-2023
There will be an orientation call from mentor after enrollment. Aspirants can opt for follow up mentor call after every 4 tests or 1 mentor call per month till Prelims-2023. There may be some adjustments for orientation call or follow up call depending upon slots availability of mentor.				
All The Best For Prelims Exam. Themes and dates for the tests may go under minor changes.				