

# FOUNDATION + ULTIMATE ASSESSMENT PROGRAM TIME-TABLE

	<b>Program Links</b>
	<a href="#">Foundation Program</a>
	<a href="#">Prime TS(38 Tests) = 34 (GS Paper 1) + 4 (CSAT)</a>
	<a href="#">CA TS = 10 Monthly Tests</a>
	<a href="#">Mains Essentials Program(22 Tests) = 14(Subject-wise) + 8(FST)</a>
	<a href="#">Essay Program(14 Tests) = 8 (before pre) + 6(after pre)</a>

**Note4Students**

1. We follow an integrated approach combining prelims and mains for a wholistic preparation. All weekends are reserved for taking tests.
2. All subjects are arranged in decreasing order of their priority from the exam's point of view.
3. Student can attempt tests anytime after the Start Date. But we discourage this practice. Only under exceptional circumstances should you skip the schedule.
4. Day-wise detailed study plans for most important subjects will be shared along with the Time-table.

Test	Syllabus	Base Source to start with for both Prelims and Mains	Advanced Sources	Start Date	Difficulty Level	All India Rank
<b>B01 Polity I Prelims Test</b>	Indian Constitution: Historical Underpinnings, Evolution & Making of the Constitution, Features, Significant Provisions The Preamble The Union and its Territory Citizenship Fundamental Rights, Directive Principles & Fundamental Duties Amendment of Constitution Basic Structure of the Constitution Parliamentary System Federal System, Centre-State Relations, Inter-State Relations Emergency Provisions Central Government	<b>Laxmikanth 5th Edition</b> Part 1 - 3 till Central Government (students using the older edition will have to match the topics) Political Science: Indian Constitution at work NCERT	Polity Titbits by Dr V on CD website CD Polity material	2-Nov-2019	L1	Y
<b>CA - June</b>	<b>June Current Affairs</b>	CD Monthly Magazines Samachar Manthan Notes		5-Nov-2019	L2	Y
<b>B02 Polity II Prelims Test</b>	State Government Local Government Union Territories and Special Areas Constitutional Bodies Non-Constitutional Bodies Other Constitutional Dimensions Elections and RPA Transparency & Accountability -RTI, Citizen's Charter, e-Governance	<b>Laxmikanth 5th Edition</b> Part 4 - 9 from State Government till the end. Selected topics from Part 10 (students using the older edition will have to match the topics)	Polity Titbits by Dr V CD Polity material	9-Nov-2019	L1	Y

<b>MEP01 Polity Mains Test</b>	<b>GS Paper II</b> Indian Constitution- historical underpinnings, evolution, features, amendments, significant provisions and basic structure. Functions and responsibilities of the Union and the States, Issues and challenges pertaining to the federal structure, devolution of powers and finances up to local levels and challenges therein. Separation of powers between various organs dispute redressal mechanisms and institutions. Comparison of the Indian constitutional scheme with that of other countries. Parliament and State Legislatures - structure, functioning, conduct of business, powers & privileges and issues arising out of these. Structure, organization and functioning of the Executive and the Judiciary Ministries and Departments of the Government; pressure groups and formal/informal associations and their role in the Polity. Salient features of the Representation of People's Act. Appointment to various Constitutional posts, powers, functions and responsibilities of various Constitutional Bodies. Statutory, regulatory and various quasi-judicial bodies	Summmaries - 2nd ARC REPORT, Punchi Commission Report CD Monthly Magazine Samachar Manthan Notes		10-Nov-2019	L1	Y
<b>B03 History I Prelims Test</b>	<b>Pre Gandhian Phase (1707-1914)</b> Decline of Mughal Empire The Advent of the Europeans and British Conquest of India The British Administrative Structure Charter Acts and their impact. Pre Congress Organization Formation of the Indian National Congress Moderate Phase (1885 – 1905) and Extremist Phase (1905 onwards) Social – Religious Movements in 19th - 20th centuries.	<b>Pre Gandhian Phase (1707-1914)</b> Old NCERT Modern India Class 12 by Bipin Chandra Decline of Mughal empire(1707) till Indian National Movement before the arrival of Gandhiji (1915) India's Struggle for Independence - Bipan Chandra Spectrum - A Brief History Of Modern India	CD material on Modern History Plassey to Partition	16-Nov-2019	L1	Y
<b>Essay Test 1</b>	Economy + Polity			18-Nov-2019	L1	Y
<b>B04 History II Prelims Test</b>	<b>Gandhian Phase (1915-1947)</b> The Freedom Struggle – its various stages and important contributors/contributions from different parts of the country Rowlatt Act, Jallianawala Bagh Massacre and Khilafat Movement Non- Cooperation, Civil Disobedience and Quit India Movement INA, Royal Indian Navy Mutiny Various Meetings and Negotiations from 1940-1947	<b>Gandhian Phase (1915-1947)</b> Old NCERT Modern India class 12 by Bipin Chandra Gandhian Phase India's Struggle for Independence - Bipan Chandra Spectrum - A Brief History Of Modern India	CD material on Modern History Plassey to Partition Gandhi: The Years That Changed the World - Guha	23-Nov-2019	L1	Y
<b>MEP02 History Mains Test</b>	<b>GS Paper I</b> Modern Indian history from about the middle of the eighteenth century until the present significant events, personalities, issues. The Freedom Struggle - its various stages and important contributors/contributions from different parts of the country.	Same as above	Same as above	24-Nov-2019	L1	Y
<b>2 most important subjects - History and Polity will be complete</b>						

<b>B05 Economics I Prelims Test</b>	<b>Static Economics</b> National Income Accounting Inflation and Employment Fiscal Policy Money and Banking Monetary Policy Markets - Money and Capital	12th NCERT - Introductory Macro Indian Economy CD Material - Himanshu Sir CD Material - Dr. V Notes		1-Dec-2019	L1	Y
<b>B06 Economics II Prelims Test</b>	<b>Current Affairs Based</b> Sectors - Agriculture, Industry, Services Infrastructure and Communication External Sector and Currency Exchange rates BoP, BoT, International trade, IMF, WTO, Trade Policies, Issues and Challenges etc.	<u>CD Economics Material</u>		8-Dec-2019	L1	Y
<b>MEP03 Economics Mains Test</b>	<b>GS Paper III</b> Indian Economy and issues relating to planning, mobilization of resources, growth, development and employment.	Same as above	Samachar Manthan Notes Budget and Economic Survey Three Year Action Agenda - NITI Aayog	9-Dec-2019	L1	Y
<b>CA - July</b>	<b>July Current Affairs</b>	CD Monthly Magazines Samachar Manthan Notes		14-Dec-2019	L2	Y
<b>B07 Physical &amp; World Geography</b>	<b>Physical and world Geography</b> The Earth and basics of latitude and longitude Geomorphology Climatology Oceanography Biogeography	Class 11th - Fundamentals of Physical Geography - <b>Complete</b> World Geography (Oxford and Orient Blackswan Atlas)	Certificate Physical and Human Geography by Goh Cheng Leong Physical Geography - Savinder Singh Civildaily Geography Material	15-Dec-2019	L1	Y
<b>Essay Test 2</b>	Women Issues + Education			18-Dec-2019	L1	Y
<b>B08 Indian Geography</b>	<b>Indian Geography</b> Location: Latitude, Longitude Northern Mountains, Plains of India, Peninsular Plateau and Islands of India. Himalayan and Peninsular Drainage System Spatial and temporal distribution of temperature, pressure, winds and rainfall Indian Monsoon: mechanism, onset and variability; spatial and temporal variations Climatic Regions of India Classification of Soils Problems of Soil and Conservation Forests and their distribution, Forest Conservation Ramsar sites, Biosphere Reserves, Wildlife Sanctuaries and National Parks	Class 11th - India Physical Environment - <b>Complete</b> Indian Geography CD Module		22-Dec-2019	L1	Y
<b>MEP04 Geography Mains Test</b>	<b>GS Paper I</b> Distribution of key natural resources across the world (including South Asia and the Indian subcontinent) Factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India) Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., Geographical features and their location- changes in critical geographical features (including water bodies and ice-caps) and in flora and fauna and the effects of such changes . Major crops cropping patterns in various parts of the country, different types of irrigation and irrigation systems.	Same as above	Certificate Physical and Human Geography by Goh Cheng Leong Civildaily Geography material	23-Dec-2019	L1	Y

CA - Aug	August Current Affairs	CD Monthly Magazines Samachar Manthan Notes		26-Dec-2019	L2	Y
<b>A01 E&amp;B Prelims Test</b>	Environment and its components Ecology and Functions of an ecosystem -Terrestrial ecosystems & Aquatic ecosystems Climate Change -Acidification -Eutrophication -Ozone Depletion Mitigation Strategies -India and Climate Change Environmental pollution -Air pollution, Water Pollution, Soil Pollution, Noise Pollution -Radioactive pollution -E-Waste -Solid Waste -Bioremediation Biodiversity -Basic Concepts -Plant and Animal Diversity -Marine Organisms -Threat to Biodiversity -Protected Area Network: National parks, Wildlife Conservation efforts: India and World	<b>Shankar IAS material - Complete Book</b> NCERT Class 12 Enviromental Chemistry NCERT Class 12 Biology - Last 4 chapters of Environment and Biodiversity	Use CD material on Conventions, Organisations, Acts etc for revision	30-Dec-2019	L2	Y
<b>MEP05 E&amp;B Mains Test</b>	Conservation, environmental pollution and degradation, environmental impact assessment. Disaster and disaster management.	Samachar Manthan Notes		31-Dec-2019	L2	Y
<b>CA - Sep</b>	<b>September Current Affairs</b>	CD Monthly Magazines Samachar Manthan Notes		4-Jan-2020	L2	Y
<b>A02 Science &amp; Technology Prelims Test</b>	Science and Technology- developments and their applications and effects in everyday life Achievements of Indians in science & technology; indigenization of technology and developing new technology. Indigenization of technology and developing new technology. Awareness in the fields of IT, Space, Computers, robotics, nano-technology, bio-technology and issues relating to intellectual property rights.	Science and Tech will mostly be from contemporary topics. Refer CD's study material as it is more aligned to the recent trend of the exam.	Ravi Agrahari Samachar Manthan Notes	7-Jan-2020	L2	Y
<b>MEP06 Science &amp; Technology Mains Test</b>	Science and Technology- developments and their applications and effects in everyday life Achievements of Indians in science & technology; indigenization of technology and developing new technology. Indigenization of technology and developing new technology. Awareness in the fields of IT, Space, Computers, robotics, nano-technology, bio-technology and issues relating to intellectual property rights.	Science and Tech will mostly be from contemporary topics. Refer CD's study material as it is more aligned to the recent trend of the exam.	Ravi Agrahari Samachar Manthan Notes	8-Jan-2020	L2	Y
<b>Essay Test 3</b>	Science & Tech + Philosophy			11-Jan-2020	L2	Y

<p style="text-align: center;"><b>A03</b> <b>Ancient + Medieval History</b> <b>Prelims Test</b></p>	<p><b>Ancient History</b> All the periods - Prehistoric Historic, Harappan / Indus Valley Civilization, Vedic Age, Mahajanapadas, Mauryan Age &amp; Post Mauryan Age, Sangam Age, Guptas Age &amp; Post Guptas Age <b>Early Medieval Period</b> - Palas Pratiharas and Rashtrakutas <b>Sultanate Period:</b> The Delhi Sultanate, Vijayanagar &amp; other Kingdoms, Religious Movements, Bhakti Movement, Sufi Movement <b>Mughal Period</b></p> <p><b>Art &amp; Architecture</b> Temple Architecture, Indo-Islamic Architecture, Modern Architecture, Sculpture: Indian Sculpture and Different schools of Art, Indian Paintings: Historical development - Wall Paintings, Cave and Mural Paintings, Miniature Paintings, Mughal Paintings, Rajput Paintings, Folk Paintings, Other Paintings, Modern Indian Paintings &amp; Personalities</p> <p><b>Religion and Philosophy</b> -Religion: Hinduism, Jainism, Buddhism, Islam, Christianity, Zoroastrianism, Judaism</p> <p><b>Culture</b> <b>-Indian Music:</b> Classical Music, Hindustani Music, Carnatic Music, Folk Music Tradition <b>-Indian Dance:</b> Classical Dance forms in India, Folk Dances, <b>-Puppetry and Theatre:</b> Different forms of Puppetry in India, Theatres in India: Folk Theatre, Modern Theatre, <b>-Language &amp; Literature:</b> Indian Language, Indian Literature Fairs, Festivals and Craft: Religious Festivals, Secular Festivals (States &amp; UT's), Art &amp; Crafts</p>	<p><b>Ancient + Medieval History</b> 1. Refer CD's material for an easy start 2. Old Ncert Ancient India class 11 ncert by RS Sharma 3. Old Ncert Medieval India class 11 ncert by Satish Chandra 4. Quick Revise @CD (Listicles) 5. New Ncert fine arts class 11 6. CCRT Website</p>		<p style="text-align: center;">14-Jan-2020</p>	<p style="text-align: center;">L2</p>	<p style="text-align: center;">Y</p>
<p style="text-align: center;"><b>MEP07</b> <b>Ancient + Medieval History</b> <b>Mains Test</b></p>	<p>Indian culture will cover the salient aspects of Art Forms, Literature and Architecture from ancient to modern times.</p>			<p style="text-align: center;">15-Jan-2020</p>	<p style="text-align: center;">L2</p>	<p style="text-align: center;">Y</p>
<p style="text-align: center;"><b>CA - Oct</b></p>	<p><b>October Current Affairs</b></p>	<p>CD Monthly Magazines Samachar Manthan Notes</p>		<p style="text-align: center;">18-Jan-2020</p>	<p style="text-align: center;">L2</p>	<p style="text-align: center;">Y</p>
<p style="text-align: center;"><b>A04</b> <b>Polity Advanced</b> <b>Prelims Test</b></p>	<p><b>Full Syllabus of Polity</b></p>			<p style="text-align: center;">22-Jan-2020</p>	<p style="text-align: center;">L2</p>	<p style="text-align: center;">Y</p>

<p align="center"><b>MEP08 Governance and Social Issues Mains Test</b></p>	<p>Role of women and women's organization, population and associated issues, poverty and developmental issues, urbanization, their problems and their remedies. Salient features of Indian Society, Diversity of India. Effects of globalization on Indian society Government policies and interventions for development in various sectors and issues arising out of their design and implementation. Development processes and the development industry- the role of NGOs, SHGs, various groups and associations, donors, charities, institutional and other stakeholders Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and Bodies constituted for the protection and betterment of these vulnerable sections. Issues relating to poverty and hunger. Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources. Important aspects of governance, transparency and accountability, e-governance applications, models, successes, limitations, and potential; citizens charters, transparency &amp; accountability and institutional and other measures. Role of civil services in a democracy</p>	<p>Samachar Manthan Notes Specific ARC 2 Reports – 1 st , 5 th , 6th , 11th , 12th, 14th &amp; 15th Civildaily Governance &amp; Society Notes Ram Ahuja Social issues IGNOU B.A Sociology</p>		<p align="center">23-Jan-2020</p>	<p align="center">L2</p>	<p align="center">Y</p>
<p align="center"><b>Essay Test 4</b></p>	<p>IR + Miscellaneous</p>			<p align="center">30-Jan-2020</p>	<p align="center">L2</p>	<p align="center">Y</p>
<p align="center"><b>A05 History Advanced Prelims Test</b></p>	<p align="center"><b>Full Syllabus of Modern History</b></p>			<p align="center">5-Feb-2020</p>	<p align="center">L2</p>	<p align="center">Y</p>
<p align="center"><b>CA - Nov</b></p>	<p align="center"><b>November Current Affairs</b></p>	<p>CD Monthly Magazines Samachar Manthan Notes</p>		<p align="center">8-Feb-2020</p>	<p align="center">L2</p>	<p align="center">Y</p>
<p align="center"><b>A06 Economics Advanced Prelims Test</b></p>	<p align="center"><b>Full Syllabus of Economics</b></p>	<p>Same as earlier</p>	<p>Same as earlier</p>	<p align="center">12-Feb-2020</p>	<p align="center">L2</p>	<p align="center">Y</p>

<b>MEP09 Economics Advanced Mains Test</b>	<b>GS Paper III</b> Inclusive growth and issues arising from it. Government Budgeting. Land reforms in India. Effects of liberalization on the economy, changes in industrial policy and their effects on industrial growth. Infrastructure: Energy, Ports, Roads, Airports, Railways etc. Investment models. Major crops cropping patterns in various parts of the country Different types of irrigation and Irrigation systems storage, Transport and marketing of agricultural produce and issues and related constarints, e-technology in the aid of farmers Issues related to direct and indirect farm subsidies and minimum support prices; Public Distribution System- objectives, functioning, limitations, revamping; issues of buffer stocks and food security; economics of animal-rearing. Food processing and related industries in India-scope and significance, location, upstream and downstream requirements, supply chain management	Same as earlier	Same as earlier	13-Feb-2020	L2	Y
	<b>Essay Test 5</b>	Economy + Polity		16-Feb-2020	L2	Y
<b>A07 Geography Advanced Prelims Test</b>	Full Syllabus of Geography (Physical + World)	Same as earlier	Same as earlier	19-Feb-2020	L2	Y
<b>MEP10 Geography Advanced Mains Test</b>	Full Syllabus of Geography (Physical + World)	Same as earlier	Same as earlier	20-Feb-2020	L2	Y
<b>CA - Dec</b>	<b>December Current Affairs</b>	CD Monthly Magazines Samachar Manthan Notes		24-Feb-2020	L2	Y
<b>A08 S&amp;T + Enviro Prelims Test</b>	Full Syllabus of S&T + Environment	Same as earlier	Same as earlier	26-Feb-2020	L2	Y
<b>Essay Test 6</b>	Women Issues + Education			12-Mar-2020	L2	Y
<b>CA - Jan</b>	<b>January Current Affairs</b>	CD Monthly Magazines Samachar Manthan Notes		15-Mar-2020	L2	Y
<b>CSAT 1-4</b>	<b>CSAT 1-4 will be released together. Students who require more practice are expected to attempt more tests</b>			18-Mar-2020	L2	Y
<b>FLT 1</b>	Budget, Economic Survey & India Year Book			24-Mar-2020	L2	Y
<b>Essay Test 7</b>	Science & Tech + Philosophy			30-Mar-2020	L2	Y
<b>FLT 2</b>	Important Organizations, Agreements, Summits, Reports and Declarations of National and International importance.			6-Apr-2020	L2	Y
<b>CA - Feb</b>	<b>February Current Affairs</b>			10-Apr-2020	L2	Y
<b>FLT 3</b>	Special focus on latest Schemes/Acts/Policies - I	CD Quick Revise and Scheme compilation		15-Apr-2020	L2	Y
<b>Essay Test 8</b>	IR + Miscellaneous			18-Apr-2020	L2	Y
<b>FLT 4</b>	Special focus on latest Schemes/Acts/Policies - II	CD Quick Revise and Scheme compilation		27-Apr-2020	L2	Y
<b>CA - Mar + Apr</b>	<b>March + April Current Affairs</b>	CD Monthly Magazines Samachar Manthan Notes		1-May-2020	L2	Y
<b>FLT 5</b>	Full Syllabus			7-May-2020	L2	Y

<b>FLT 6</b>	Full Syllabus			11-May-2020	L2	Y
<b>FLT 7</b>	Full Syllabus			16-May-2020	L2	Y
<b>FLT 8</b>	Full Syllabus			21-May-2020	L2	Y
<b>Prelims Exam. Full Focus on Mains.</b>						
<b>MEP11 International Relations and Internal Security</b>	<b>International Relations and Internal Security</b> Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests Important International institutions, agencies and fora- their structure, mandate. Effect of policies and politics of developed and developing countries on India's interests, Indian Diaspora. India & Its Neighborhood - Relations Linkages between development and spread of extremism. Role of external state and non-state actors in creating challenges to internal security. Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security; money laundering and its prevention Security challenges and their management in border areas; linkages of organized crime with terrorism Various Security forces and agencies and their mandate.	Civildaily IR Background material Civildaily Daily Current affairs and Monthly Magazine Indian express-Raja Mandala Observer research Foundation articles IDSA Challenges to Internal security of India(Ashok Kumar) or Internal security of India(Hamid Khan) Indian express and Hindu International relations in the 21st Century(Pushpesh Pant) Samachar manthan Notes		21-Jun-2020	L2	Y
<b>Essay FLT 1</b>	Full Syllabus Test			24-Jun-2020	L2	Y
<b>MEP12 World History and post Independent Indian History Mains Test</b>	Post-independence consolidation and reorganization within the country. History of the world will include events from 18th century such as industrial revolution, world wars, redrawing of national boundaries, colonization, decolonization, political philosophies like communism, capitalism, socialism etc.- their forms and effect on the society.	India since Independence-Bipin Chandra (skip chapters that are political in nature) Pradhan Mantri TV Series Mastering Modern World History by Normal Lowe NCERT World History - Arjun Dev		28-Jun-2020	L2	Y
<b>Essay FLT 2</b>	Full Syllabus Test			6-Jul-2020	L2	Y



<b>MEP13 Ethics Test 1</b>	<b>GS Paper IV</b> Ethics and Human Interface: Essence, determinants and consequences of Ethics in human actions; dimensions of ethics; ethics in private and public relationships. Human Values – lessons from the lives and teachings of great leaders, reformers and administrators; role of family, society and educational institutions in inculcating values. Attitude: content, structure, function; its influence and relation with thought and behaviour; moral and political attitudes; social influence and persuasion. Aptitude and foundational values for Civil Service , integrity, impartiality and nonpartisanship, objectivity, dedication to public service, empathy, tolerance and compassion towards the weaker sections. Emotional intelligence-concepts, and their utilities and application in administration and governance. Contributions of moral thinkers and philosophers from India and world	2nd ARC Ethics, Integrity and Aptitude - Arihant Publications Ethics, Integrity and Aptitude - D Subbarao (Lexicon)		12-Jul-2020	L2	Y
<b>Essay FLT 3</b>	Full Syllabus Test			18-Jul-2020	L2	Y
<b>MEP14 Ethics Test 2</b>	<b>GS Paper IV</b> Public/Civil service values and Ethics in Public Administration: Status and problems; ethical concerns and dilemmas in government and private institutions; laws, rules, regulations and conscience as sources of ethical guidance; accountability and ethical governance; strengthening of ethical and moral values in governance; ethical issues in international relations and funding; corporate governance. Probity in Governance: Concept of public service; Philosophical basis of governance and probity; Information sharing and transparency in government, Right to Information, Codes of Ethics, Codes of Conduct, Citizen's Charters, Work culture, Quality of service delivery, Utilization of public funds, challenges of corruption. Case Studies on above issues	2nd ARC Ethics, Integrity and Aptitude - Arihant Publications Ethics, Integrity and Aptitude - D Subbarao (Lexicon)		19-Jul-2020	L2	Y
<b>Essay FLT 4</b>	Full Syllabus Test			31-Jul-2020	L2	Y
<b>FLT 1 (Round 1)</b>	Full Syllabus Test(FST) for GS paper 1			2-Aug-2020	L2	Y
<b>FLT 2 (Round 1)</b>	Full Syllabus Test(FST) for GS paper 2			9-Aug-2020	L2	Y
<b>Essay FLT 5</b>	Full Syllabus Test			21-Aug-2020	L2	Y
<b>FLT 3 (Round 1)</b>	Full Syllabus Test(FST) for GS paper 3			23-Aug-2020	L2	Y
<b>FLT 4 (Round 1)</b>	Full Syllabus Test(FST) for GS paper 4			30-Aug-2020	L2	Y
<b>Essay FLT 6</b>	Full Syllabus Test			8-Sep-2020	L2	Y
<b>FLT 5 (Round 2)</b>	Full Syllabus Test(FST) for GS paper 1			12-Sep-2020	L2	Y
<b>FLT 6 (Round 2)</b>	Full Syllabus Test(FST) for GS paper 2			12-Sep-2020	L2	Y
<b>FLT 7 (Round 2)</b>	Full Syllabus Test(FST) for GS paper 3			13-Sep-2020	L2	Y
<b>FLT 8 (Round 2)</b>	Full Syllabus Test(FST) for GS paper 4			13-Sep-2020	L2	Y

\* The Time-table might undergo minor changes depending upon the actual dates of the 2020 exam.